

February 10, 2026

To: Lincoln-Lancaster County Board of Health Meeting
From: Tracy Aksamit, Lincoln

Enclosures

Comments

City of Lincoln Drinking Water Fluoride Treatment Reports Chart by Year 2022 to 2025

Supporting documents:

Lowering the fluoride dose one point

Daily fluoride exposure

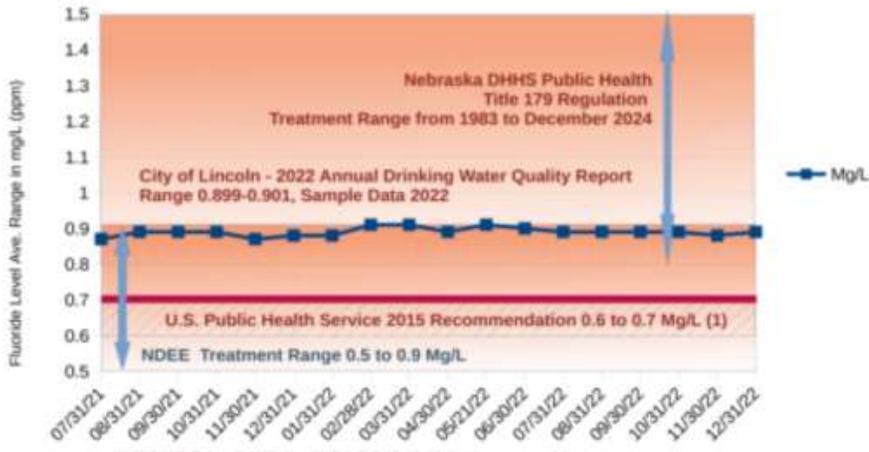
Dr. Trino Nuño articles:

The Hidden Dangers of Fluoride: Negative Effects on The Oral Microbiome

My Unexpected Wake-Up Call: Acute Mercury Poisoning and What It Taught Me About Safe Dentistry in Omaha

City of Lincoln Fluoride Treatment Reports by Month

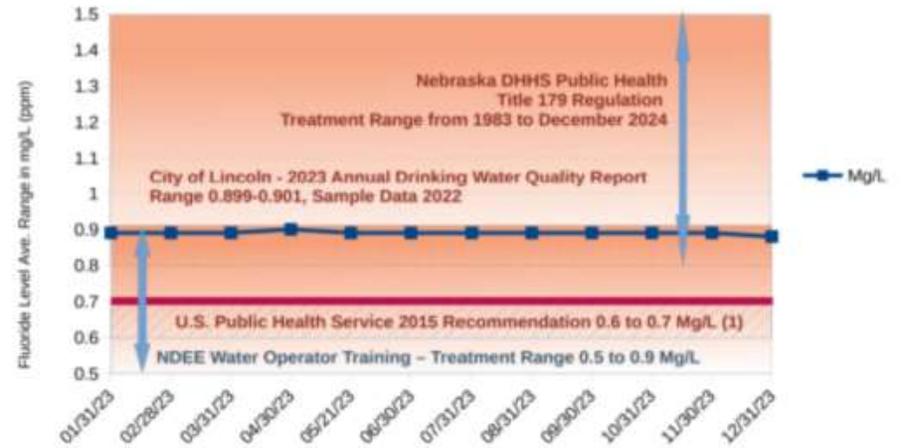
July 2021 to December 2022 - Hydrofluorosilicic Acid Contract \$xx,xxx



(1) CDC MMWR June 2, 2023 citing 2015 U. S. Public Health Service recommendation

City of Lincoln Fluoride Treatment Reports by Month

January 2023 to December 2023 - Hydrofluorosilicic Acid Contract \$69,580



(1) CDC MMWR June 2, 2023 citing 2015 U. S. Public Health Service recommendation

City of Lincoln Fluoride Treatment Reports by Month

December 2023 to December 2024 - Hydrofluorosilicic Acid Contract \$xxxxxx

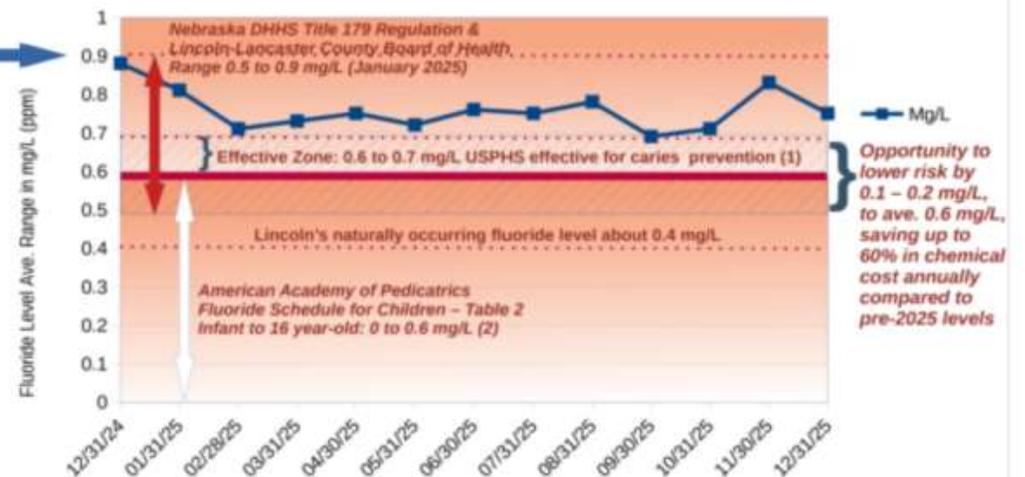


(1) CDC MMWR June 2, 2023 citing 2015 U. S. Public Health Service recommendation

January 2025, Revised Title 179 regulation lowering the fluoride treatment level to align with the 2015 USPHS recommendation.

Lincoln Water System - Fluoride Treatment Reports by Month

December 2024 to December 2025 - Hydrofluorosilicic Acid Contract \$116,900



(1) CDC MMWR June 2, 2023 citing U. S. Public Health Service 2015 recommendation

(2) Clark MB, Wrayton RL. American Academy of Pediatrics Section on Oral Health. Fluoride Use in Caries Prevention in the Primary-Care Setting. Pediatrics. 2020; 146(5):e2020034637