



Tracy Aksamit [REDACTED]

Revised Public Records Request regarding safe fluoridation of the public water supply in the City of Lincoln

1 message

Tracy Aksamit [REDACTED] >

Fri, Oct 27, 2023 at 6:51 AM

To: Steve.Corsi@nebraska.gov, jim.macy@nebraska.gov, mayor@lincoln.ne.gov, NDEE Records <ndee.records@nebraska.gov>, PatDLopez@lincoln.ne.gov

Cc: "Rick W. Vest" <RVest@lancaster.ne.gov>, bhansen@leg.ne.gov, gdungan@leg.ne.gov, "James M. Bowers" <jbowers@lincoln.ne.gov>, ago.info.help@nebraska.gov

Dear Director Corsi, Director Macy, Mayor Gaylor Baird, Director Lopez, and Shawwna,

Thank you, Shawwna, for your question about record priorities. Please see my modified message and further clarified records request below. This request replaces my past requests dated 7/17/2023, 9/20/23 and 10/5/2023, and is submitted considering Neb. Rev. Stat. §§ 84-712 through 84-712.09 regarding public records.

In general, I am requesting common practice, clear and current regulations, direction, public education content, and understanding of communication between employees of the State and the City-County demonstrating expert understanding, guidance and implementation in the area of public drinking water fluoridation and its effects on the human body.

I am making this request due to the disparity in fluoridation levels for our public drinking water prescribed by the State of Nebraska (0.8 – 1.5 ppm) and the levels currently reported by the City of Lincoln (0.899 – 0.901) compared to the recommended levels provided by the Centers for Disease Control and Prevention (0.70 ppm), and the American Dental Association (0.70 ppm or less for pregnant women, infants and children).

During July and August of 2023 the City of Lincoln, Lancaster County, Nebraska, continued to treat the public water supply to a calculated fluoride value of 0.88 – 0.9 ppm which is 0.18 – 0.2 ppm above the nationally recommended value of 0.7 ppm and 0.59 – 0.61 ppm above the 0.29 ppm maternal urinary fluoride level associated with a 1-point decrease in IQ scores of preschool-aged boys and girls shown in a 2020 benchmark study.

I realize that the naturally occurring fluoride level is about 0.4 ppm, however we have an opportunity to reduce the level of harms by preferably eliminating or at least reducing chemical fluoridation and to increase the promotion of reduced sugar intake and optional topical fluoride treatment.

I am requesting the single, most current public record(s) from the State of Nebraska, Lancaster County, and The City of Lincoln documenting the following with regard to fluoridation of the public water supply, prioritized in the order listed below:

1. Without timeframe, as required by Neb. Rev. Stat. §§ 71-3305 (1), confirmation documenting the most current record(s) of the Department of Health and Human Services specifying the policy, Title 179 regulation, and/or current guidance for water fluoridation, including the fluoride level range and,

- including the procedure for regular continuing education, review and revision of these regulations or guidance
- including the most recent record communicating these regulations or guidelines to cities and villages
- including records documenting how, when and/or why the Department of Environment and Energy is involved in water fluoridation

2. Without timeframe, the most current record(s) specifying the tasks and procedures required to fluoridate the public water supply and record of these procedures having been communicated to the employees implementing the procedures.

3. Timeframe 1/1/2015 to the present, the most current record(s) related to public drinking water fluoridation and to Lincoln Municipal Code 2.22.030 g., the Health Department Director's duty to inform "the Board of developments in the field of public health and any need for updating or adding to or deleting from the programs of the Health Department"

- including common practice updates, reports, studies, analysis, or other communications regarding conflicting regulations, revised guidance, and recommendations for public drinking water fluoridation levels
- including record of the procedure the City-County Health Department follows to keep its public-facing website current. The links under "What are the facts about Fluoridation?" on the Dental Health & Nutrition Services website as of 10/1/2023 were obsolete and are still obsolete as of 10/27/23. See lincoln.ne.gov/City/Departments/Health-Department/Dental-Health-Nutrition-Services

4. Timeframe 1/1/2015 to the present, the most current State of Nebraska and City-County Health Department record(s) documenting common practice updates, findings, studies, determinations, decisions, communications or other related records supporting the current policies, regulations, and/or guidance for fluoridation levels in the drinking water supply.

5. From September 2023 going forward until chemical fluoride treatment is eliminated in Nebraska, the monthly fluoride operations record sheet for the City of Lincoln and the regular record of fluoride level reported to the Centers for Disease Control and Prevention.

Thank you,
Tracy Aksamit
Lincoln, Nebraska