

**City of Lincoln, Lancaster County, and State of Nebraska**  
**Request for information and records concerning community water fluoridation**  
**Summary of Significant Requests, Notifications & Responses**

By Tracy Aksamit, February 26, 2024

3/2/23 – Request to City of Lincoln for fluoride contract information, no response

4/11/23 – To Mayor request for opinion on National Toxicology Program report concerning fluoride, no response

4/11/23 – From Lincoln Utilities regarding State of Nebraska fluoride mandate

7/14/23 – From Lincoln Utilities regarding MMWR 6/2/23 community water fluoridation article specifying 0.7 mg/L minimum fluoride level, the “maximum safe levels between 1.2 to 2.0 mg/L” “We believe that we operate our system in both a safe and effective manner. We are above the minimum of 0.7 mg/L for effective decay prevention and well below 1.2 mg/L recommended by the US Public Health Service. LWS water is also within the range found in Title 179.”

7/14/23 – From NDEE “The amount of fluoride currently prescribed in [Title 179] regulations is based on an outdated CDC recommendation regarding optimum fluoride levels (0.9 – 1.0 ppm). In 2015 CDC updated their recommended optimum level to 0.7 ppm. While Chapter 1 does not reflect that change at this time, public water systems are encouraged to operate their fluoridation programs according to the updated recommendation, working within an operational range of 0.2 ppm below the optimal level, to 0.2 ppm above.”

7/17/23 – To NDEE, City of Lincoln Utilities re: questions on process for regulation update and written notification to water systems, question on different fluoride sample range versus range in Water Quality report, question for clarification Lincoln Utilities on “minimum 0.7 mg/L level” in MMWR report differs.

8/14/23 – Newsletter to Lincoln City Council regarding Lincoln’s fluoride level exceeding CDC guideline

9/12/23 – To NDHHS and Lincoln Mayor, second request for information and copies of monthly fluoride reports.

9/13/23 – From Lincoln Utilities, “range recommended was between 0.7 mg/L to a maximum of 2.0 mg/L.”

9/13/23 – To Lincoln Utilities, question remains

9/20/23 – To Director Pat Lopez, request to clarify fluoridation level, no response

10/5/23 – To Mayor, Director Lopez, Director Macy, check back on previous requests regarding disparities in fluoridation levels and request for records

10/27/23 – To DHHS, Mayor, NDEE, Health Dept. Director, response to NDEE request for clarifications

11/1/23 – From NDEE request for clarifications

11/2/23 – To NDEE, DHHS, Mayor provided clarifications

11/2/23 – From DHHS cost for records \$2,409.66

11/14/23 – From NDEE describes regulations, hearing regarding relationship and transfer of duties from DHHS to NDEE, NDEE no role in determining fluoridation level, cost for search est. \$1,430.28, response to fluoride additive as not food or pharmaceutical grade.

1/12/24 – To NDEE, DHHS checking on a response

2/13/24 – From NDEE, responses to question #1 Date for Title 179, 1983, #2 no response, #3 no response, #4 detailed response