## **Comparing the Difference**

## Treatment of COVID-19 and other similar acute respiratory illnesses

PREPAR	E <b>TREAT</b>		SUSTAIN
Daily	Symptoms	Serious Illness	<b>Ongoing Symptoms</b>
<ul> <li>Supplements, know your vitamin levels</li> <li>D<sub>3</sub> level over 60 to 80 ng/mL</li> <li>C level 0.4 - 2.0 mg/dL</li> <li>B<sub>12</sub> level over 500 pg/mL</li> <li>EGCG (green tea) &amp; Zinc</li> <li>Functional Medicine</li> </ul>	<ul> <li>OVER THE COUNTER*</li> <li>Zinc sulfate, 15 mg, 3 times/day</li> <li>Vitamin C (2), 3,000 mg a day, to tolerance</li> <li>Vitamin D3 emulsified, 5,000-50,000 IU/day</li> <li>Vitamin A, 10,000 IU/day</li> <li>Aspirin, 325 mg a day</li> <li>Inhaled eucalyptus, nebulized H<sub>2</sub>O<sub>2</sub> solution</li> <li>Iodine, 25 mg/day Lugol's solution or tab</li> <li>Quercetin, if hydroxycholoquine is unavailable, 500 mg, 3X/day, during acute infection BY PRESCRIPTION ONLY IN THE U.S.</li> <li>Hydroxychloroquine (2), 200 mg 2x/day, 5-30 days,</li> <li>Azithromycin (1), 250 mg 2x/day, 5 days or Doxycycline (2), 100 mg 2x/day, 5-7 days, or Ivermectin</li> </ul>	<ul> <li>IF SYMPTOMS WORSEN*</li> <li>Prednisone (1), 60 mg five days</li> <li>Apixaban 5 mg twice a day (backup )</li> <li>HOSPITALIZATION AND SEVERE SEPSIS</li> <li>IV vitamin C (2), thiamine and dose of steriods for patients with severe septsis. who tend to have surprisingly low vitamin C blood level</li> </ul>	LINGERING ILLNESS* - NAD - Vitamin C - Ozone therapy - Glutatione - Peptide therapy, Thymosin alpha-1, 3-6 Months - Jab effects, search articles at Mercola.com C V Risks
<ul> <li>Hand washing</li> <li>Social distance and Closures</li> <li>Mask &amp; Self-check</li> <li>PCR Test Ill &amp; Well</li> </ul> Corporate Medicine	No Early Treatment Promoted	HOSPITALIZATION - Antibiotics (1) - Antivirals (1), Remdesivir - Steroids (1) - Oxygen - IV fluids & heart medication - Antibody plasma treatment - ICU ventilator treatment	Vaccination Track & Trace Passport

\*This is not medical advice, it is intended for informational and comparison purposes only. Consult your physician for use. Recommendations are from medical professionals. Email <u>admin@lincolnsopensource.com</u> for welcome comments, recommended corrections, and source links

(1) Not promoted by corporate medicine for early outpatient treatment. (2) Not recommended by NIH and corporate medicine